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| A close up of a logo  Description automatically generated Trinity Temple Fasting Plan 2021  “The Jesus Campaign” |  |
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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | ***Desire*** 1 | ***Purify*** 2 |
| **Utilize this fasting calendar as a reference. Be lead by the Holy Spirit as it relates to your medical condition and medication schedules. During this fast we are reading our Bibles with little to no social media use. Create a prayer list to pray for others and yourself and take time to meditate and pray. Please join us every Saturday for specified devotional prayer. See additional calendar for designated underlined daily words given for the month of January’s Prayer Circuit.** |  |  |  |  | Happy New Year | Prayer For: ***Men***  **Prepare your heart and mind for fasting** |
| ***Sacrifice*** 3 | ***Chosen*** 4 | ***Intercede*** 5 | ***Refine*** 6 | ***Consistency*** 7 | ***Encourage*** 8 | ***Forgive*** 9 |
| **Prepare your heart and mind for fasting**  ***Prayer Focus:*****Community and Evangelism**: God, create in our families a longing to follow Jesus and to faithfully serve in our church and community. Mark 8:34-38, God, grant us wisdom and courage. May we honor everyone, love the family of believers, and fear God:1 Peter 2:17, God, we plead that our church families will introduce others to Jesus. Matthew 28:19-20 | No food until 3PM  No beef or pork | No Meat | Water Only | No Meat | No food until 3PM  No beef or pork | Prayer For: ***Women***  Free Meal Day |
| ***Vision*** 10 | ***Joy*** 11 | ***Strategic*** 12 | ***Adoration*** 13 | ***Compassion*** 14 | ***Healing*** 15 | ***Restoration*** 16 |
| Free Meal Day | No food until 3PM  No beef or pork | No Meat | Water Only | No Meat | No food until 3PM  No beef or pork | Prayer For: ***Couples***  Free Meal Day |
| ***Revival*** 17 | ***Worthy*** 18 | ***Victory*** 19 | ***Grow*** 20  ***Prayer Focus:* Pastors, Leaders, Government Officials, Law Enforcement, First Responders, and Educational Staff:** I Timothy 2:1-4, Pentecostal Experience given to all. Unite with one accord in the power of the Holy Spirit: Acts 2:1-4, | ***Discipline*** 21 | ***Redeem*** 22 | ***Blessed*** 23 |
| Free Meal Day | No food until 3PM  No beef or pork | No Meat | Water Only  ***Prayer Focus:* Healing for the sick, broken hearted, mental and emotional healing and restoration**: Isaiah 53:5, Philippians 2:5. Jesus give me a humble heart to serve, remove pride and all self-righteousness, a heart to serve God and care for others with a servants heart Proverbs 16:18, I Peter 5:6-7, Colossians 3;12 | No Meat | No food until 3PM  No beef or pork  **Virtual Shut-In 9PM** | Prayer For: ***Singles***  Free Meal Day |
| ***Sufficient*** 24 | ***Favor*** 25 | ***Righteous*** 26 | ***Love*** 27 | ***Salvation*** 28 | ***War*** 29 | ***Praise*** 30 |
| Free Meal Day | No food until 3PM  No beef or pork | No Meat | Water Only  ***Prayer Focus:* Watch, stand fast in the faith, be brave, be strong. Let all that you do be done with love**: I Corinthian 16:13-14, faithful to tithes and offering, financial blessed to give Malachi 3:10, Acts 20:35, Pray for wisdom, and to ask what you need in faith James 1:2-8 | No Meat | No food until 3PM  No beef or pork | Prayer For: ***Children***  Free Meal Day |
| ***Repent*** 31 |  |  |  |  |  |  |
| Free Meal Day |  |  |  |  |  |  |